

# Fall 2016 Aikido Seminar with



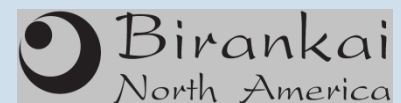
Aki Fleshler Shihan, 6<sup>th</sup> Dan,  
Birankai Senior Council

*In honor of T.K. Chiba Shihan,  
our beloved teacher.*

We are pleased to announce that this seminar is  
Sponsored by the  
**T.K. and Mitsuko Chiba Seminar Endowment Fund.**

Sunday, October 9, 2016 &  
Monday, October 10, 2016 @

10:00AM both days at Rhode Island Aikikai - Eastside, Affiliated with



Registration 9:15 - 9:45 AM or by Web Site

@ [FleshlerShihan.MainStMA.org](http://FleshlerShihan.MainStMA.org) (Your Online Advance Registration is Very Helpful.)

Classes are 10:00AM - 12:15PM and 2:15-4:30PM both days (Adults & Serious Teens)  
Pot Luck Dinner at the Dojo at 4:45 PM both days. [Instructors' Lunch at the Dojo.]

Seminar Registration Fee: \$50.00 (or as you can afford - see web site)

Advance Registration Appreciated on Web Site

Please bring bokken and jyo.

Rhode Island Aikikai - Eastside @ Main Street Martial Arts

1282 North Main Street, Providence, RI 02904-1830

[fleshlershihan.mainstma.org](http://fleshlershihan.mainstma.org) 401-274-7672 [mainstma@gmail.com](mailto:mainstma@gmail.com)

Directions to the Dojo are on the back of this flier.

# Main Street Martial Arts

Home of Rhode Island Aikikai - Eastside

1282 North Main Street

Providence, Rhode Island (RI) 02904-1830

Phone: (401) 274-7672 - Email: [mainstma@gmail.com](mailto:mainstma@gmail.com) - Web Site: [fleshlershihan.mainstma.org](http://fleshlershihan.mainstma.org)

We are easily reachable by all highway points from

Connecticut (CT), Massachusetts (MA), and Rhode Island (RI).

We are located just off of Highway 95, Exit 25 (North Main Street) on the East Side of Providence at 1282 North Main Street, Providence, RI, and our main entrance and parking lot are in the BACK of the building behind Reliable Auto Service at the corner of North Main/White/10<sup>th</sup> Streets.

Take Highway 95 North from Connecticut or Southern Rhode Island.

Take Highway 95 South from Central Massachusetts (Boston).

From Southeastern Massachusetts (Cape Cod) or East Bay Rhode Island, take 195 West to 95 North.

From Western Massachusetts ( Mass. Pike I-90 East Exit 10 A ) to Worcester or from Northwestern Rhode Island, take 146 South to Admiral St Exit - Left at the End of the Exit - Right at the light at Charles St - Loop around the Mobil Station and Jump on 95 North Ramp to Exit 25.

We are accessible by Amtrak or Commuter Rail to the PVD Station. Then walk just outside the back side of the train station and across the small plaza to Park Row W Street and take the R/Line Bus Northbound (\$2.00) to North Main Street. We are at the 9<sup>th</sup> Street stop on the R/Line just after Pep Boys (Ring the bell to Request the 9<sup>th</sup> St stop after 3<sup>rd</sup> St stop). Or, call us at 1-401-274-7672 when you pull into the PVD Station and we'll pick you up as the train station is just a couple of miles away from the dojo. Walk around to the back of the building for the main entrance to the dojo.